



## WRC WINTER 5 MILE VIRTUAL RACE INFORMATION

The Warrington Running Club Spring 5 Miler is cancelled and we have transferred all runners to the virtual event. To claim your medal, you just need to complete your 5 mile run, wherever you want between the dates below then follow the instructions to send in your evidence.

### Instructions for claiming your Spring 5 Mile Virtual Run Medal

- Complete your run 5 miles between the 17<sup>th</sup> March and 31<sup>st</sup> May.
- Record your run on any running app or GPS watch (examples below)
- Send a screenshot of your result us at [info@warringtonrc5miler.co.uk](mailto:info@warringtonrc5miler.co.uk)
- Your medal should arrive with you within 2 -3 working days after submitting your evidence.



Be sure to send us your running selfies, and photos of your medal when they arrive to our Facebook page - <https://www.facebook.com/warringtonrc5miler>

Happy running ☺