



WRC SPRING 5 MILE VIRTUAL RACE INFORMATION

The Warrington Running Club Spring 5 Miler is fast approaching and we hope you are all excited to be running in our virtual event. To claim your medal, you just need to complete your 5 mile run, wherever you want between the dates below then follow the instructions to send in your evidence.

Instructions for claiming your Winter 5 Mile Virtual Run Medal

- Complete your run 5 miles between the 30th March and 13th April
- Record your run on any running app or GPS watch (examples below)
- Send a screenshot of your result us at info@warringtonrc5miler.co.uk
- Your medal should arrive with you within 2 -3 working days after submitting your evidence. (However if you were lucky enough to catch a late entry then your medal will be posted by the end of April as those additional medals aren't due to arrive yet)



Be sure to send us your running selfies, and photos of your medal when they arrive to our Facebook page - <https://www.facebook.com/warringtonrc5miler>

Happy running 😊